

## **AIARE Instructor Training Course (ITC)**

Hybrid Format: 4 Virtual Sessions + 3 in person field days

The Hybrid AIARE Instructor Training Course (ITC) is a virtual and in-person course that trains experienced backcountry travelers and avalanche professionals how to work with a team to meet the learning outcomes AIARE's recreational avalanche education curriculum, *Decision Making in Avalanche Terrain*. Course participants will work with the AIARE curriculum to practice and receive feedback on their instructional skills as well as adapting their skills as an avalanche professional to manage risk for an educational context.

The ITC does have an assessment component. Participants receive feedback on their curriculum familiarity and instructional skills as well as next steps to continue their development as versatile avalanche educators. Upon successful completion of the course, participants will be qualified to instruct AIARE 1, Avalanche Rescue, and AIARE 2 courses. AIARE Providers, who use the AIARE curriculum to independently offer high quality avalanche education, often require additional training and certifications such as first aid, as well as demonstrated skills in guiding and movement.

### **Course Materials and Technology Requirements**

Participants will be provided with lesson plans and student materials. Participants are asked to purchase a copy of the eBook *Presenting* to read prior to the start of the course. Participants will need to have a device with video, mic, and audio that allows them enough room to view other participants as well as on screen presentations – this is generally a large tablet or laptop. Participants will also need enough internet bandwidth during the virtual sessions as camera-on participation is an expectation of all participants. Participants will need to provide their own equipment to travel in a winter backcountry environment. Please see the [Course Equipment List](#) for more details.

### **Course Schedule**

The Hybrid AIARE Instructor Training Course (ITC) is comprised of 4 virtual sessions spread over a month prior to a 3-day in person course that is primarily in the field. The virtual sessions are 4 hours long and vary in timing while the field sessions generally run from 8 am – 6 pm. Expect long days and if flying, do not plan to travel on the last evening of the course. Participants can expect to be outdoors in all weather conditions. The course is a combination of lecture and Participant practice teaching and receiving feedback. Participants should expect 4-5 hours of pre-course reading and preparation for the course in addition to independent time spent prior to the in-person sessions preparing lesson plans. Participants will be expected to teach both virtually and outdoors multiple times during the course.

Following is a sample course outline. The itinerary of your course may vary due to venue, terrain, or conditions.

## **Virtual Session 1: Big Picture AIARE and Risk Management on Avalanche Courses**

Welcome and introductions

Norm setting and course culture: Declaring goals & objectives

AIARE Instructor roles and responsibilities, course expectations and assessment

Operational risk management on education courses

Case study and guest presenter

Wrap up and learning reflection

## **Virtual Session 2: Managing Learning on Avalanche Courses**

Session briefing and review

AIARE Rec Curriculum Overview

AIARE rescue course overview and teaching demonstration

Preparing to teach a lesson: Planning and teaching expectations

Wrap up and learning reflection

Assign teaching topics – trainers available for Q&A prior to the next session via email

## **Virtual Session 3: Managing Risk and Learning on Avalanche Courses**

Session briefing and review

Teaching and feedback prep

Participant virtual teaching and feedback

Wrap up and learning reflection

Assign teaching topics – trainers available for Q&A prior to the next session via email

## **Virtual Session 4: Venue briefing and season snowpack summary**

Session briefing and review

Seasonal snowpack summary for three audiences: Professionals, AIARE 2, and AIARE 1

Venue briefing: Investigate trip options and terrain catalogs

Wrap up and learning reflection

## **In-person Day 1: Outdoor teaching practice**

Daily briefing and review

Morning risk management meeting and code switching to the AIARE Fieldbook

Letting students practice: Coaching RIDE SAFELY in the field

Field: Rescue Course Overview and Participant taught rescue lessons

Field: Microteaching workshop

Debrief and evening meeting

Wrap up and learning reflection

Office hours for Q&A

## **In-person Day 2: Venue Prep and Snowpack Familiarization**

Daily briefing and review

Morning risk management meeting and code switching to the AIARE Fieldbook

Field: Venue and course prep, terrain and snowpack familiarization, snowpack teaching demos

Debrief and evening meeting

Welcome to AIARE and Q&A with AIARE Staff

Wrap up and learning reflection

Office hours for Q&A

## **In-person Day 3: Participant Led Field Day: The Model Tour**

Daily briefing and review

Field: Participant led teaching and feedback

Course Close: AIARE 1, 2 and Rescue courses

Course Close: ITC

Individual participant debriefs