

## **AIARE Instructor Training Course (ITC)**

5 day in-person format

The AIARE Instructor Training Course (ITC) is a five-day course that trains experienced backcountry travelers and avalanche professionals how to work with a team to meet the learning outcomes AIARE's recreational avalanche education curriculum, *Decision Making in Avalanche Terrain*. Course participants will work with the AIARE curriculum to practice and receive feedback on their instructional skills as well as adapting their skills as an avalanche professional to manage risk for an educational context.

The ITC does have an assessment component. Participants receive feedback on their curriculum familiarity and instructional skills as well as next steps to continue their development as versatile avalanche educators. Upon successful completion of the course, participants will be qualified to instruct AIARE 1, Avalanche Rescue, and AIARE 2 courses. AIARE Providers, who use the AIARE curriculum to independently offer high quality avalanche education, often require additional training and certifications such as first aid, as well as demonstrated skills in guiding and movement.

### **Course Materials**

Participants will be provided with lesson plans and student materials. Participants are asked to purchase a copy of the eBook *Presenting* to read prior to the start of the course. Participants will need to provide their own equipment to travel in a winter backcountry environment. Please see the [Course Equipment List](#) for more details.

### **Course Schedule**

The ITC is a five-day course that generally runs from 8 am - 5 pm. Participants can expect to be both in the classroom and outdoors in all weather conditions. The course is a combination of lecture and Participant practice teaching and receiving feedback. Participants should expect 4-5 hours of pre-course reading and preparation for the course in addition to some evening time during the course spent preparing lesson plans. Participants will be expected to teach both indoors and outdoors multiple times during the course.

Following is a sample course outline. The itinerary of your course may vary due to venue, terrain, or conditions.

#### **Day 1: Big Picture AIARE and Teaching Techniques**

Welcome and introductions

Norm setting and course culture: Declaring goals & objectives

AIARE Instructor roles and responsibilities, course expectations and assessment

Preparing to teach a lesson: Planning and teaching expectations

Field: AIARE rescue course overview and teaching demonstration

Wrap up and learning reflection

Assign teaching topics and office hours for Q&A

## **Day 2: Preparing for the Field and Participant Taught Rescue Lessons**

Daily briefing and review  
Operational risk management on education courses  
Case study and guest presenter  
Investigate trip options and terrain catalogs  
Teaching and feedback prep  
Risk management meeting  
Field: participant taught rescue course lessons  
AIARE Rec Curriculum Overview  
Wrap up and learning reflection  
Assign teaching topics and office hours for Q&A

## **Day 3: Venue Prep and Field Teaching Techniques**

Daily briefing and review  
Morning risk management meeting and code switching to the AIARE Fieldbook  
Seasonal snowpack summary for three audiences: Professionals, AIARE 2, and AIARE 1  
Letting students practice: Coaching RIDE SAFELY in the field  
Field: Venue and course prep, terrain and snowpack familiarization, snowpack teaching demos  
Debrief and evening meeting  
Wrap up and learning reflection  
Office hours for Q&A

## **Day 4: Participant Led Field Day: The Model Tour**

Daily briefing and review  
Morning risk management meeting and code switching to the AIARE Fieldbook  
Field: Participant led teaching and feedback  
Debrief and evening meeting  
Wrap up and learning reflection  
Office hours for Q&A

## **Day 5: Micro Teaching and Putting it All Together**

Daily briefing and review  
Welcome to AIARE and Q&A with AIARE Staff  
Participant taught classroom lessons  
Putting it all together: instructional technique summaries and curriculum review  
Course Close: AIARE 1, 2 and Rescue courses  
Course Close: ITC  
Individual participant debriefs