



## **Summary - Ski/Splitboard Programs**

- Elevation range: Rocky Mountain courses: 8,000-13,000 feet
- Elevation gain: 1500 - 3000 ft daily
- Travel distances: 3-5 miles daily
- Experience and competency on skis or snowboard with ~30lb pack is required

## **Location: [Stanley, Idaho](#)**

Organized through a long standing partnership with [Sawtooth Mountain Guides](#), this course is based out of Stanley's Town Square. While AIARE will plan for all of our classroom sessions to take place in person, there is a chance the classroom portion will be conducted virtually due to COVID-19. If a move from in-person classroom sessions to virtual classroom sessions happens, we will notify you as soon as possible. Due to the uncertainties and many factors involved we ask for your flexibility and willingness to adapt. For the duration of the course, you should plan to stay somewhere that has reliable internet that can withstand Zoom meetings in the event the classroom portion needs to be virtual. Please read our [COVID-19 Course Disclosure](#) prior to enrollment.

The backcountry field locations are up to a 45 min drive from Stanley and you will be responsible to drive to and from the field independently.

This is a time-intensive course and you should be prepared, mentally and physically, for long days (up to ten hours) in the field and in the classroom. All students must meet AIARE's [Essential Eligibility](#) requirements in order to participate.

## **Lodging and Food:**

Lodging and food are not part of the course cost. There are several lodging and grocery options in the town of Stanley. Due to weather and road conditions, it is strongly advised that students stay in town. Ketchum is located approximately 60 miles away and can be difficult to access during snow storms. We recommend students work together to secure and share lodging in Stanley.

## **Environment**

Weather can be highly variable from sunshine to snow and/or rain and temperatures can be sub-zero degrees Fahrenheit. Because of the environmental factors, you must be able

to practice self-care that minimizes the possibility of hypothermia, frostbite and non-freezing cold injury.

### **Terrain**

Travel requires moving in mountainous terrain and variable snow conditions, both uphill and downhill on skis (AT or telemark) or splitboards efficiently by ascending 900-1200 ft/hour.

### **Equipment**

Participating in an AIARE course requires modern, well maintained backcountry and rescue gear. Bringing old, or marginally functioning gear is a detriment to the learning environment and could negatively affect the safety of the group. Please review our [PRO Course Equipment List](#) for more details.