



Summary - Ski/Splitboard Programs

- Elevation range: 8,000-13,000 feet
- Elevation gain: 1500 - 3000 ft daily
- Travel distances: 3-5 miles daily
- Experience and competency on skis or snowboard with ~30lb pack is required

Location: [Snowbird, UT](#)

This course will be based out of Snowbird in Little Cottonwood Canyon. The classroom will be proximal to field locations near Snowbird Ski Resort and the surrounding backcountry. While AIARE will plan for all of our classroom sessions to take place in person, there is a chance the classroom portion will be conducted virtually due to COVID-19. If a move from in-person classroom sessions to virtual classroom sessions happens, we will notify you as soon as possible. Due to the uncertainties and many factors involved we ask for your flexibility and willingness to adapt. For the duration of the course, you should plan to stay somewhere that has reliable internet that can withstand Zoom meetings in the event the classroom portion needs to be virtual. Please read our [COVID-19 Course Disclosure](#) prior to enrollment.

Lift access will be provided to facilitate learning objectives on certain days and are included in the price of the course. Students will receive specific location information from their instructors prior to the first day of class.

Lodging and food are not included in the course cost. There are numerous lodging and grocery options in Salt Lake City. Due to weather and road conditions, it is strongly advised that students stay close to Little Cottonwood Canyon, but refrain from staying on resort property. This is to mitigate issues if we visit a classroom located in the city due to road closure. We recommend students work together to secure and share lodging in Salt Lake City.

This is a time-intensive course and you should be prepared, mentally and physically, for long days (up to ten hours) in the field and in the classroom. All students must meet AIARE's [Essential Eligibility](#) requirements in order to participate.

Environment

Weather can be highly variable from sunshine to snow and/or rain and temperatures can be sub-zero degrees Fahrenheit. Because of the environmental factors, you must be able

to practice self-care that minimizes the possibility of hypothermia, frostbite and non-freezing cold injury.

Terrain

Travel requires moving in mountainous terrain and variable snow conditions, both uphill and downhill on skis (AT or telemark) or splitboards efficiently by ascending 900-1200 ft/hour.

Equipment

Participating in an AIARE course requires modern, well maintained backcountry and rescue gear. Bringing old, or marginally functioning gear is a detriment to the learning environment and could negatively affect the safety of the group. Please review our [PRO Course Equipment List](#) for more details.