

The AIARE Instructor Training Course (ITC) is a five-day course that prepares experienced backcountry travelers with professional training or experience to become AIARE Instructors. This course will prepare participants to use the AIARE curriculum and risk management tools to teach recreational travelers the skills necessary for decision making during travel in avalanche terrain. Furthermore, the course will frame expectations of Instructors in managing both instruction and risk through the use of the AIARE Instructor Standards. Participants will self-evaluate and receive feedback from AIARE Instructor Trainers on targeted skill areas; thereby, providing an opportunity for participants to practice and improve their instruction and risk management on courses. Upon successful completion of the course and all Instructor qualifications, participants will be able to apply for Instructor status.

Below is a sample course outline. The itinerary of your course may vary due to venue, terrain, or conditions.

### **Day 1**

Welcome and introductions  
Declaring Goals & Objectives  
Scope of Practice  
Setting up a Room  
CPD - Instructor Lesson – Seasonal Snowpack  
Delivering Case Studies  
Lesson Plan Creation  
Field Book Expectations for the Course & Model Field Book Use for Recreational Courses  
Evening meeting/ PM Forms

### **Day 2**

Participant ops meeting / AM Forms  
Preparing students for a field session  
Field Session: Trailhead check, avalanche rescue, snow pit progression, field weather observations  
Leading a debrief - checking for understanding.  
Evening guides meeting / PM Form / Sharing observations

### **Day 3**

Providing Feedback  
Observing Group Behavior  
Working in Groups  
Participant ops meeting / AM Forms  
Participant led classroom sessions  
Participant led field instruction sessions  
AIARE 1 course close  
Evening guides meeting / PM Form

**Day 4**

Participant led classroom session (Taking Field Observations)  
Participant led field instruction  
Evening guides meeting / PM Form  
Sharing Observations  
AIARE 2 Course Close

**Day 5**

Participant led classroom sessions  
Participant led field instruction (Putting it all Together: The Model Tour)  
Course Close (Instructor Led)  
Self evaluation and development plan

**Course Schedule**

The ITC is a five-day course that generally runs from 8 am - 5 pm. Participants can expect to be both in the classroom and outdoors in all weather conditions. The course is a combination of lecture and Participant practice teaching and receiving feedback. Participants should expect 4-5 hours of pre course reading and preparation for the course, in addition to some evening time during the course spent preparing lesson plans. Participants will be expected to teach both indoors and outdoors multiple times during the course.

Day 1: Big Picture AIARE and Teaching Techniques

Day 2: Preparing for the Field and Participant Taught Rescue Lessons

Day 3: Instructors Model Field Teaching Techniques

Day 4: Participant Led Field Day: The Model Tour

Day 5: Micro Teaching Workshop

**Course Materials**

Participants will be provided with lesson plans and student materials. No additional books or course packets are required. Participants will need to provide their own equipment to travel in a winter backcountry environment.